**INZ 1007** October 2015



# **General Medical** Certificate

# Who should use this form?

Applicants for entry to New Zealand are required to have an acceptable standard of health (the guide Health Requirements (INZ 1121) has more details). This medical certificate records information about your health that Immigration New Zealand requires to assess whether you meet this standard.

## Deciding whether you are eligible for a visa

Immigration New Zealand collects the information about you on this form to decide whether you are eligible for a visa. We may also use the information to contact you for research purposes or to advise you on immigration matters.

Collecting the information is authorised by the Immigration Act 2009 and the Immigration Regulations made under that Act. You do not have to provide the information, but if you do not we are likely to decline your application.

Immigration New Zealand may also share the information you have provided with other government agencies that are entitled to it by law, or with other agencies (as you have agreed in the declaration).

You are able to ask for the information we hold about you and request to have any of it corrected if you think it is necessary. The address of Immigration New Zealand is PO Box 3705, Wellington, New Zealand. This is not where your application should be sent.

# Applicant's notes

The information in this section will help you complete this certificate. Please read the information in this section before you start to complete this certificate. If you wish, you can tear off and keep these notes (pages 1-2).

## When do I use this immigration medical certificate?

You must use this certificate if:

- you are applying for a temporary entry class visa for New Zealand and you intend to stay longer than 12 months, unless you are applying for a military visa, diplomatic, consular or official visa, or a visa related to the Antarctic Treaty, or
- you are applying for residence, unless you are a person who must use the Limited Medical Certificate (INZ 1201). The guide Health Requirements (INZ 1121) has more information.

# What if I submitted a medical certificate with my last application?

You may not need a new medical certificate if you have submitted a medical certificate completed and dated by an approved medical practitioner within the last 36 months with a previous application, and that information has been retained by Immigration New Zealand\*. If a new certificate is required, you are responsible for any fees.

## Where do I go to get my immigration medical examination?

In countries where Immigration New Zealand has an approved list of panel physicians this certificate must be completed by a listed panel physician. Please see our website at www.immigration.govt.nz/healthinfo to find your nearest panel physician.

If you live in a country which does not have any panel physicians, a registered medical practitioner, preferably your own general practitioner, can complete this certificate.



Immigration New Zealand does not necessarily retain medical information about applicants.

#### Your responsibilities

- You must pay the fees for the immigration medical examination, any tests required and all postage and courier fees.
- You must tell the truth. False statements on a medical certificate may result in your application being declined, any visa granted being cancelled, and if you are in New Zealand, you being required to leave the country.

# How do I prepare for my immigration medical examination?

- If you are mildly unwell or on a short course of antibiotics, wait until you are better before having your immigration medical examination.
- Do not have alcohol or high fat meals 48 hours before your blood tests.
- Do not consume kava for 48 hours before your blood tests.

## What do I bring?

- This certificate with sections A and I completed, and your name at the top of each page where indicated.
- Your valid passport or national identity document for identification.
- Three recent passport photographs. Photographs must be no more than six months old.
- A list of all your medications (including drug name and dosage).
- All your medical notes and reports, immunisation record, blood test results, X-rays, scans and anything else that is relevant to your health.
- Your glasses (spectacles) or contact lenses if you use them.
- You may bring a family member or support person with you to the immigration medical examination. Please let the physician know when you make your appointment.
- You may bring an interpreter with you to the immigration medical examination. The interpreter can be from a professional service or a respected member of your community. Please let the physician know when you make your appointment.

# What to expect for the immigration medical examination

There are three parts to the immigration medical examination:

- 1. Medical history and physical examination.
- 2. Urine and blood tests.
- 3. Chest X-ray, to be completed using the form *Chest X-ray Certificate (INZ 1096);* the guide *Health Requirements (INZ 1121)* has more details.

The medical certificate must be completed in English.

- You may complete the medical history section (Section B) before your examination or you may complete this section with the physician (or delegated person) at your examination. If you are not sure about an aspect of your medical history, declare it.
- The physician will complete the physical examination.
   He or she will check your height, weight, mental state, hearing and vision, listen to your heart, lungs, feel your

- abdomen and check your reflexes, power and the rest of your nervous system.
- You will need to remove some items of clothing for the physical examination.
- Some parts of the physical examination may be completed by a nurse or health care assistant.
- You will need to provide a urine sample during the immigration medical examination.
- You will also need to get blood tests, a chest X-ray and possibly some other tests if clinically necessary.
- You may need to go to different places to get some tests done.

#### Women

- Do not have your immigration medical examination during your period (menstruation) because blood may affect the results. Wait until your period is finished before you have your immigration medical examination.
- Women over 45 years will need to have a breast examination. If you prefer, you can submit a breast examination report from a breast specialist, or submit a breast ultrasound scan, MRI scan or mammogram no more than six months old.

#### Children

- All children including babies must have an immigration medical examination.
- Children under 11 years of age do not need a chest X-ray unless the physician declares it is necessary or one is requested by Immigration New Zealand.
- Children under 15 years of age do not need a blood test unless the physician declares it is necessary or one is requested by Immigration New Zealand.

#### What happens afterwards?

- Your physician has to wait for all your test results to complete this form.
- This form is complete only when all the test results and specialist reports have been completed and attached and the physician has completed all sections of the form.
- You must submit your completed immigration medical certificates, including all blood tests, and X-rays [Chest X-ray Certificate (INZ 1096)] and any other tests, within three months of the date of the physician signing this form.
- Your medical information will be assessed by Immigration New Zealand, and possibly by a medical assessor.
- You may be required to get further specialist reports or tests. You are responsible for paying for these.
- Your medical information may be retained by Immigration New Zealand for use when assessing your health in the future or for audit reasons.

#### For more information

If you have questions about completing the form:

- see our website www.immigration.govt.nz
- telephone our call centre on 0508 558 855 (within New Zealand).

OFFICE USE ONLY	Client no.:	Date received: / /	Application no

October 2015 INZ 1007



# General Medical Certificate

# Section A Personal details

Question An must be completed by the examining physician or delegated staff.

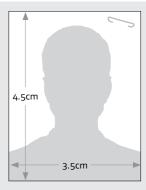
All other questions in this section must be completed by the applicant before the examination.

Please use a black pen and write neatly in English using CAPITAL LETTERS. Illegible forms will be returned for clarification.

Tick or fill in all boxes.

Attach one recent passport-size colour photograph of yourself in the space provided. The photograph must be no more than six months old. Write your full name on the back of the photograph.

Examining physician (or delegated staff member): certify identity by placing signature and date across photograph without obscuring the likeness of the person. ☐ Valid photographic identification sighted? (for example, passport) Type of identity document: ☐ Original Passport ☐ Certificate of identity ☐ Refugee travel document ☐ National ID card with photo Identity document number: Issuing country: Date of issue:  $\left\lfloor \begin{bmatrix} 0 & 1 & 0 \end{bmatrix} \begin{bmatrix} M & 1 & M \end{bmatrix} \begin{bmatrix} 1 & 1 & 1 \end{bmatrix} \begin{bmatrix} 1 & 1 & 0 \end{bmatrix} \right\rfloor$  Date of expiry:  $\left\lfloor \begin{bmatrix} 0 & 1 & 0 \end{bmatrix} \begin{bmatrix} M & 1 & M \end{bmatrix} \begin{bmatrix} 1 & 1 & 1 \end{bmatrix}$ **Applicant:** name as shown in identity document Family name Given name: Title: Mr Mrs Ms Miss Dr Other (specify) A4 Date of birth A3 Gender Male Female



Country of birth

Contact address:

and/or personal email address:

Which visa category are you applying for a visa under:
☐ Visitor (other than family visitor)
Student (other than dependent child)
☐ Work/Skills
☐ Temporary employment supported
Resident
☐ Work to residence
☐ Working holiday scheme
Job search
☐ Business/Investor
☐ Temporary – other (specify)
☐ Family
☐ Partner (visitor/work/resident visa)
☐ Child (visitor/student/resident visa)
☐ Parent/Grandparent multiple entry (visitor visa)
Family parent (resident visa)
Parent retirement (visitor/resident visa)
☐ Guardian (visitor visa)
☐ Humanitarian
☐ Refugee
Other (specify)
Pacific Residence
☐ Samoa
$\square$ Tonga
☐ Kiribati
☐ Tuvalu
Other (specify)
What is your intended occupation in New Zealand (if you are applying under the work/skills category):
How long do you intend to stay in New Zealand:
Less than 1 year

# Section B Medical history

# **Applicant:**

- You may complete the medical history section yourself and discuss your history with your examining physician, or your examining physician may complete the medical history section with your assistance.
- If this health examination is for a child under 18 years of age, the medical history section must be completed by a parent or guardian, or the examining physician with the assistance of a parent or guardian.
- If you answer 'yes' to any question, please give details and give the physician any reports, tests or other information.

Examining physician:

If the medical history section has been completed before the examination begins, you must confirm each of the answers with the applicant. Do not assume that the applicant has understood the questions.

B1	Have you ever been diagnosed with Tuberculosis (TB)? Have you ever had to take treatment for TB?	□No	Yes Give details	
B2	Have you ever been in close contact at home with a person known to have TB?	□No	Yes Give details	
B3	Have you ever had prolonged medical treatment and/or repeated hospital admissions for any reason, including a major operation or psychiatric illness?	□No	Yes Give details	
B4	Do you suffer, or have you ever suffered, from a psychological or psychiatric disorder (including major depression, bipolar disorder or schizophrenia)?	□No	Yes Give details	
B5	Have you ever had an abnormal or reactive HIV blood test?	□No	Yes Give details	
В6	Have you ever had an abnormal or reactive Hepatitis B or Hepatitis C blood test?	□No	Yes Give details	
В7	Do you have or have you had cancer or malignancy in the last 5 years?	□No	Yes Give details	
B8	Do you have diabetes?	□No	Yes Give details	
В9	Do you have a heart condition including coronary disease, hypertension, valve or congenital disease?	□No	Yes Give details	
B10	Do you have a blood condition (including thalassemia)?	□No	Yes Give details	
B11	Do you have bladder or kidney problems?	□No	Yes Give details	

Nan	ne of applicant				Examining physician's initials
B12	Do you have an ongoing physical or intellectual disability affecting your current or future ability to function independently or be able to work full-time (including autism or developmental delay)?	□No	☐ Yes	Give details	
B13	Do you have an addiction to drugs or alcohol?	□No	☐ Yes	Give details	
B14	Are you taking any prescribed pills or medication (excluding oral contraceptives, overthe counter medication and natural supplements)?		Yes Yes ails of durater and freque		
B15	Do you have a hereditary or autoimmune condition	□No	Yes	Give details	
B16	Do you have a neurological condition, including having had a stroke or multiple sclerosis?	□No	☐ Yes	Give details	
B17	Do you have any significant family health history?	□No	Yes	Give details	
B18	Are you pregnant? What is the expected date of delivery?	□No	Yes	Give details	
	mining physician:  I have discussed the applican they are under 18 years of ag sician's comments (if any)		ical histo	ry with the	applicant (or the applicant's parent or guardian if

# Section C Declaration of person having the medical examination

This declaration must be signed and dated by the person being examined in the presence of the examining physician. A parent or guardian must sign on behalf of a child under 18 years of age. Please read carefully before signing.

I declare that the information that I have provided in terms of my medical history and during my immigration health examinations is true, complete and correct.

#### I understand that:

- my personal details and health information are being collected to enable Immigration New Zealand ("INZ"), Ministry of Business, Innovation and Employment ("MBIE") to determine whether or not they are satisfied that I meet the health criteria for a New Zealand visa(s);
- INZ is authorised to collect and use my personal information under the Immigration Act 2009, regulations made under that Act and in accordance with the Privacy Act 1993; further information about the purposes for which INZ requires my information is included in my visa application form which can be found on the INZ website at www.immigration. govt.nz;
- if I have provided any false or misleading information as part of my immigration health examination, my visa application(s) may be declined, and I may become liable for deportation. I may also be committing an offence and I may be imprisoned;
- I must inform INZ of any relevant fact or any change of circumstance that may affect the decision on my application for a visa due to my health circumstances;
- INZ will retain my personal information for use in assessing my health in the future as necessary, or for audit reasons.

I also understand that my personal information (including medical results, bio details and photographs) may be disclosed to:

- New Zealand Government health agencies, health and settlement service providers and examining physician(s);
- New Zealand Government agencies entitled to receive this information by law, to the extent necessary to make decisions about my immigration status; and
- New Zealand law enforcement, health agencies and international agencies, including overseas recipients in the United Kingdom, the United States of America, Canada and Australia. [Note: if I am applying for a visa as a refugee or protected person, INZ will only disclose this information to another country, if it is satisfied that this information will not be disclosed to the country from which I have sought refugee or protection status and the disclosure is otherwise permitted under the Immigration Act 2009].

## I consent to:

- INZ retaining my medical information, including any x-ray images, beyond the determination of my visa application, for the purposes of considering future applications I may make for a visa to New Zealand;
- INZ disclosing my personal information, including information about my health, to the radiologists or panel physicians who have examined me. The reason(s) for this disclosure will be to investigate inconsistencies between the radiologist and/or panel physician's examination and a previous/subsequent health assessment, to investigate a complaint against the radiologist or panel physician, or to follow up adverse results with the radiologist or panel physician to ensure the quality of the work undertaken by New Zealand's panel physician network;
- INZ making any enquiries it deems necessary in respect of health information I have provided and to share this information with other Government agencies (including overseas agencies), and for these agencies to provide information about my health to INZ, to the extent necessary to make decisions about my immigration status;
- myself, my partner and my children undertaking a full medical examination as requested by the medical agency assigned by the Refugee Quota Branch of INZ, if I have been selected under New Zealand's Refugee Quota Programme;
- any New Zealand health service agency providing information about my state of health to INZ; and
- INZ disclosing my medical information in accordance with the provisions above.

I undertake to pay the fees for this medical examination including laboratory tests and I also agree that I or my child will undergo, at my expense, any further medical examination(s) that may be required by INZ in respect of the immigration application.

Signature of person being examined	Date DIDJEMINJEY FY FY
Signature of parent or guardian if person being examined is under 18 years of ag	e
	Date DIDITMINITY IN IN
Full name of parent or guardian (if applicable)	
Relationship to person being examined (if applicable)	

Full name of person assisting  Declaration of examining physician  Signature of examining physician  Date	Name of applicant		Examining physician's initials	
understood the content of the form(s) and agreed that the information provided is correct before signing the declaration.  Signature of person assisting applicant Date Date Date Date Date Date Date Dat	Declaration of person assisting	9		
(if applicable)  Full name of person assisting  Declaration of examining physician  Signature of examining physician  Date				
Declaration of examining physician  Signature of examining physician  Date Date Date Date Date Date Date Date	Signature of person assisting appl	icant	Date Date	MIMJIYIYIY
Signature of examining physician Date Date	Full name of person assisting			
	Declaration of examining phys	ician		
Full name of examining physician	Signature of examining physician		Date Date	Y
	Full name of examining physician			

# Section D Physical examination

This section must be completed by the examining physician. Answer all questions.

Where abnormalities are indicated, please provide all the relevant details in the space provided and attach any existing specialist reports. If you do not have enough space, attach a separate sheet. All attached sheets must be initialled by the examining physician.

0	For more information, see www.immig	ration.govt.nz/ph	nysicians.					
Was	a chaperone present during the	examination:	P ☐ Yes Giv	e details	]No □[	Declined		
Was	an interpreter present during th	ne examinatio	n? 🗌 Yes <i>Giv</i>	e details	No □	Declined		
If ye	s, provide name and relationship	p to person be	eing examined.					
D1	Date of examination	MITT						
D2	Height in centimetres: Height percentile (if applicant is	s less than tw	o years of age):	3rd	15th	☐ 50th	☐ 85th	☐ 97th
D3	Weight in kilograms: Weight percentile (if applicant i	s less than tw	o years of age):	☐ 3rd	☐15th	☐50th	☐85th	☐ 97th
D4	Body Mass Index (kg/m2) (if app	olicant is 18 ye	ears of age or ol	der):				
D5	Head circumference in centime Head circumference percentile:		ant is less than t 15th	two years o		h		
D6	Blood pressure (if applicant is 1	5 years of age	or older): Syst	olic		Diasto	olic:	
D7	Visual acuity with or without co				eft		Right	
D8	Cardiovascular system   Norr	mal 🗌 Abno	ormal Give details					
D9	Heart Murmur \( \subseteq No \) \( \subseteq Yes \)	Give details						
D10	Respiratory system   Norma	I 🗌 Abnorr	mal Give details					
D11	Nervous system: Sequelae of st		ral palsy, other	neurologic	al disabili	ties		
	Please complete and attach a dementia immigration.govt.nz/physicians	a screening asses.	sment (for example	, RUDAS or M	1MSE) for all	applicants ov	er 70 years of a	ge. Refer www.
D12	Gastrointestinal system	☐ Normal	☐ Abnormal	Give details				
D13	Musculoskeletal system	☐ Normal	☐ Abnormal	Give details				
D14	Endocrine system	☐ Normal	Abnormal	Give details				
D15	Mental and cognitive status	☐ Normal	Abnormal	Give details				
D16	Intellectual ability	☐ Normal	Abnormal	Give details				
D17	Eyes (including fundoscopy)	☐ Normal	☐ Abnormal	Give details				

Name of applicant				Examining physician's initials
D18 Ear/nose,	throat/mouth	☐ Normal	☐ Abnormal	Give details
D19 Hearing		☐ Normal	Abnormal	Give details
	nental milestones cant is 4 years of age or you	Normal	☐ Abnormal	Give details
D21 Skin and	lymph nodes	☐ Normal	☐ Abnormal	Give details
D22 Breast ex	amination in women (	over 45 years (	of age: 🗌 No	ormal Abnormal Give details
gaining f	any physical or ment ull employment or livi			vent this person from attending a mainstream school, the future?
D24 Evidence  Absen	of drug taking (for ex	1	puncture mark	<s):< td=""></s):<>
Next steps -	- checklist			
Applicant:	☐ Consider no X-ray. (Refo ☐ Undergo b	oting any cond er to question [	litions which ma	d detach for applicant to take when giving blood sample.  It is a relevant to the radiologist when examining the vertificate).  Sections H and I of this form and the Chest X-ray

Examining physician's initials

# Section E Urinalysis and blood tests

This section must be completed by the examining physician on receipt of laboratory test results and urinalysis. The examining physician must sign and attach all test results.

## Urinalysis

- May be completed via dipstick (by examining physician) or via microscopy. Where dipstick results return abnormalities attach microscopy.
- Required for all persons (except children under five years of age).
- Children under five years of age should have urinalysis if clinically indicated, for example, a history of kidney disease or recent tonsillitis.
- Females must not undergo urinalysis during their period (menstruation).
- Repeat/follow up microscopy if positive.
- El Urinalysis results

Date of test/retest	Protein	Glucose	Blood
☐ Dipstick ☐ Microscopy			
Date (if tested again)			
☐ Dipstick ☐ Microscopy			

Please attach results of all microscopy tests.

Date DIDHMIMITY IN INTERNAL PROPERTY OF THE PR

#### **Blood tests**

Refer to New Zealand Immigration Panel Member Instructions (INZ1216) (www.immigration.govt.nz/physicians) for additional tests when abnormalities are present.

For Hepatitis B, C and HIV testing, please ensure that pre and post-test counselling are carried out in accordance with local arrangements.

Standard (compulsory) blood tests for all applicants 15 years of age and over or where clinically indicated.

НВА1с	Normal Abnormal Give details	
Serum creatinine	Normal Abnormal Give details	
Hepatitis B surface antigen (Hep B sAg)	■ Non-reactive ■ Reactive* Give details *Request hepatitis B e antigen, alphafetoprotein and liver function tests.	
Hepatitis C antibody test	☐ Non-reactive ☐ Reactive* Give details *Request HCVRNA.	
HIV	■ Non-reactive ■ Reactive* Give details *Repeat with Western Blot or local equivalent for confirming HIV.	
Syphilis test (VDRL or RPR)	☐ Non-reactive ☐ Reactive Give details	
Full blood count	☐ Normal ☐ Abnormal Give details	

Please attach results of all laboratory tests.

# Section G Examining physician's declaration

This declaration must be signed and dated by the examining physician responsible for this examination. This declaration must be signed after the examining physician has sighted and considered all medical test results. Please read carefully before signing. Please write name and other details below.

I certify that this person has been examined by me or staff under my supervision and their identification in terms of papers, photographs and appearance has been confirmed.

I certify that the statements my staff and I have made in answer to all the questions are true, correct and complete to the best of my knowledge.

I certify that all tests, investigations and reports I have considered are signed by me and securely attached.

Signature of examining physician	Date DIDIEMIMICALA PARA
Full name	
MCNZ number for New Zealand practitioners	
Place of examination (city/state and country)	
Postal address	
Daytime telephone number	
Email address	
Would you like Immigration New Zealand to contact you abo	ut this examination?

OF	FICE USE ONLY	Client no.:		Date received:	/	/	Application no.:	
	October 2015							INZ 1007



# Laboratory Referral Form

Section H Instructions for examining physician	and laboratory
Examining physician: Please complete your contact detail	s.
Please confirm which tests are required for this applicant. Reference 1216) for further information.	to New Zealand Immigration Panel Member Instructions (INZ
Laboratory: Please return this form and results to the req	uesting examining physician.
Applicant's details (please write)	
Applicant's full name	
Applicant's date of birth DDDMMMJYYYYY NHI r Gender Male Female	number (NZ)
Examining physician's laboratory reference number (if applic	cable)
Laboratory tests required	
Standard (compulsory) tests	Discretionary tests
HbA1c Serum creatinine Hepatitis B surface antigen (Hep B sAg) Hepatitis C antibody test HIV Syphilis test (VDRL or RPR) Full blood count	Any other tests deemed necessary by the examining physician.
Signature of examining physician  Examining physician's full name  Postal address	Date DIDJIMIMJIYIYIY

# Section I Confirmation of identity and declaration

# **Applicant**

- Attach one recent colour passport photograph in the space provided.
- Complete 11 to 15 before your examination.
- Present this form when having blood taken for testing.
- The declaration below must be completed and signed in front of the person taking blood.

# Person taking blood

Valid photographic identification sighted? (For example, passport.)

Certify identity by placing signature and date across photograph without obscuring the likeness of the person.

# 4.5cm

Applican	at details
	of identity document: Original Passport   Certificate of identity   Refugee travel document   National ID card with photo
lden <sup>-</sup>	tity document number:
Issui	ing country:
Date	e of issue: Date of expiry: Date of expiry:
l2 Appl	icant's name as shown in identity document
Fami	ily/last name Given/first name(s)
Title	:  Mr Mrs Ms Miss Dr Other (specify)
l3 Gend	der Male Female Date of birth DIDIMINITY YIY
l <sub>5</sub> Cour	ntry of birth
Applican	t's declaration
	nat I have read and understood the declaration at section C. I understand that the declaration at that section es to the laboratory tests.
Signature (or parent/g	e of applicant Date Date Date
Full name	of parent or guardian
Relations	hip to person being examined
Declarat	ion of person assisting
	nat I have assisted in the completion of this form at the request of the applicant and that the applicant od the content of the form(s) and agreed that the information provided is correct before signing the declaration.
Signature (if applicable	e of person assisting applicant Date Date
Full name	of person assisting
Declarat	ion of person taking blood
I certify th	nat I have confirmed the applicant's identity in terms of papers, photographs and appearance.
Signature	e of person taking blood Date
Full name	of person taking blood

